WILD ALASKA POLLOCK FISH STICKS & NUGGETS

Nutrition from the Bering Sea

Permanent Items in USDA Food Baskets

Wild Alaska Pollock oven-ready fish sticks and nuggets deliver choice marine protein with a very mild flavor. They are tasty, appealing, and enjoyed by all. Wild Alaska Pollock Whole Grain-Rich Breaded Fish Sticks and Nuggets are low in saturated fats and calories, and high in Omega-3 fatty acids. This U.S. domestic origin product is an inexpensive, high-quality alternative to meat and an opportunity to incorporate more seafood into school menus and children's meal patterns. Not only does it help meet school district meal specifications for meat and meat alternatives; the breading also helps fulfill the requirement for whole grain. Wild Alaska Pollock fish sticks and nuggets are excellent ways to meet both specifications with one, delicious food item.

Add Value to Your Programs

Q: What is the difference between the frozen Alaska Pollock Block and the consumer ready Alaska Pollock Fish Stick or Nugget?
A: Purchasing the Alaska Pollock block is more applicable to larger school districts with greater access to secondary processing. The consumer ready wild Alaska Pollock fish stick and nugget products remove the need for extra processing and makes this healthy fish widely available to schools of any size and location across the country.

Q: What are the nutritional benefits of Alaska Pollock Whole Grain Breaded Fish Sticks and Nuggets?
A: Pure and wholesome, Wild Alaska Pollock fish sticks and nuggets are low in saturated fats and calories and are high in Omega-3 fatty acids. As part of healthy meal patterns, these nutrients help maintain cardiovascular health and cognitive function throughout life. Based on their success in the schools (USDA #110851), food banks and pantry clients can now access the same products for their families through the Temporary Emergency Food Assistance Program (USDA #11850, 111280).

Locally sourced from sustainable fisheries off the Alaska Coast, entitlement funds can be used to purchase these products for schools and food banks.

- These permanent additions to the USDA Foods Available Lists will greatly expand the number of food-assistance consumers with access to wild Alaska Pollock, increasing the health benefits of school meals and food pantry options across the United States.
- Wild Alaska Pollock is a cost-effective way to provide fish to all USDA programs, as recommended by the Dietary Guidelines for Americans (2020-2025)