

**Africa:**

# Uganda

## Canned Salmon & Herring in Food Assisted Development Programs Pilot Project with World Help

The greatest need for quality, nutritious foods for food aid programs is in Africa. With the high prevalence of malnutrition, HIV/AIDS, and other chronic diseases, Canned Salmon and Herring offer super nutrition. The high quality protein and the marine sources of Omega-3 fatty acids, and the fact that they do not

require much energy to prepare, make these products ideal for the most vulnerable. Canned Salmon is used in school feeding programs throughout the world.

Canned Salmon into local recipes and activities for participants. Canned Herring delivers more than twice the Omega-3 fatty acids as Salmon, and the same

In Uganda, World Help, an NGO partner, found Canned Salmon and Herring to be well accepted and have a positive effect on children's nutritional status.

The ALASKA GLOBAL FOOD AID PROGRAM piloted the use of Canned Salmon and Herring in Uganda to help with their ongoing struggle with HIV/AIDS and severe drought affecting the region.

A portion of the project also targets refugees returning from the Congo, to show how canned fish can be used in disaster aid, specifically with orphans and vulnerable children receiving primary education.

The Salmon was served four times a week, complementing the daily ration of pulses, oil, and rice with a few local ingredients provided by the community. This sample program allowed World Help to integrate the



high quality protein. At a potentially lower price, Canned Herring is a product with great possibilities for food aid programs worldwide. It also provides an opportunity to support rural Alaska communities by creating and expanding a market for an underutilized resource as well as developing new infrastructure.



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## Alaska Global Food Aid Program



Canned Salmon and Herring are ideal for food aid purposes anywhere in the world. It provides concentrated protein and energy for people of all ages in all types of food aid projects e.g., school feeding, disaster relief, food-for-work and maternal/child health projects.



### For Technical Assistance:

The ALASKA GLOBAL FOOD AID PROGRAM assists NGOs and PVOs with program design, ration selection, recipe development, storage, handling and preparation of dishes integrating Canned Salmon and other food aid commodities with local ingredients to feed cultural tastes.

### Alaska Global Food Aid Program

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