

**Africa:**

# Guinea Bissau



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## Canned Salmon in Food for Education Programs International Partnership for Human Development

## Alaska Global Food Aid Program

International Partnership for Human Development (IPHD) had been seeking a good protein source to improve the diets of the children in their McGovern-Dole International Food for Education and Child Nutrition Program in Guinea-Bissau. They turned to Alaska Canned Salmon to meet their needs.

While their coastal waters in the Atlantic Ocean are home to one of the largest fish reserves in the world, the price of local fish was out of reach for the people served by the program, most of whom live on less than a dollar a day.

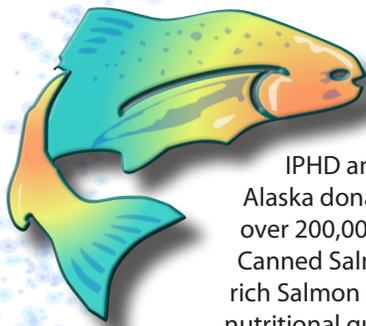
regional recipes. Cooks incorporated Salmon into a variety of local dishes, using pinto beans from the program and other ingredients provided by the parents, including rice, peanut butter, baobab leaves, cassava, pepper grass, palm fruits, onions, tomatoes and potatoes.

Children specially liked recipes including Salmon mixed with cassava or sweet potato in a Salmon Ragout (Stew), with rice in Rafogado de Salmon (Risotto), Calda Branca and Canja de Salmon (Soup).

Cooks favored the Salmon because it was easy to prepare, with or without cooking equipment and Project staff found the Canned Salmon easy to transport, store and handle.



The Canned Salmon was part of IPHD's initiatives with local Parent Teacher Associations to increase school attendance (primarily among girls), promote malaria prevention, repair schools and improve school sanitation systems. Its success has led to the inclusion of Alaska Canned Salmon in other programs in Africa.



ALASKA GLOBAL  
FOOD AID  
PROGRAM

partnered with

IPHD and the State of Alaska donated and shipped over 200,000 servings of Canned Salmon. The protein rich Salmon improved the nutritional quality of the meals for 38,000 children in primary school and kindergarten.

The introduction of Canned Salmon in food aid programs in Guinea-Bissau was a success. It complemented the local food basket and integrated easily with

### For Technical Assistance:

The ALASKA GLOBAL FOOD AID PROGRAM assists NGOs and PVOs with program design, ration selection, recipe development, storage, handling and preparation of dishes integrating Canned Salmon and other food aid commodities with local ingredients to feed cultural tastes.

**Canned Salmon** is ideal for food aid purposes anywhere in the world. It provides concentrated protein and energy for people of all ages in all types of food aid projects e.g., school feeding, disaster relief, food-for-work and maternal/child health projects.



### Alaska Global Food Aid Program

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