

Central America:

# Guatemala

## Canned Salmon in Food for Education Programs Food for the Poor

**G**uatemala has some of the lowest health and nutrition indicators in Central America. Development aid programs aim to improve the lives of the country's people in the spheres of politics, economics, health and nutrition.

Food for the Poor has been contributing to this effort in Guatemala and 11 other countries in Central America and the Caribbean for many years. Food for the Poor turned to nutrient-rich Canned Salmon to diversify and improve the nutritional content of their food aid baskets.

require potable water or cooking facilities for preparation.

The initial successful distribution of Canned Salmon in their general relief programs led Food for the Poor in Guatemala to request 300 metric tons (MT) per year for its 2006-2008 McGovern-Dole International Food for Education and Child Nutrition Program and 700 MT in its Food for Progress program in Jamaica.

While recipients were a bit skeptical about the new food, when it was combined with local vegetables, tossed in salads and served with favorite spices in tortillas, over 60,000 mothers and children were soon singing the praises of Salmon.



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## Alaska Global Food Aid Program



Mothers report that their children enjoyed the Salmon so much they continue to ask for it.

Through Food for the Poor, the program provided Canned Salmon to health clinics, dispensaries, hospitals and senior facilities. Young and old alike are pleased with the taste and comprehensive nutritional value that have been added to their meals.



Salmon, a concentrated source of protein and energy for beneficiaries of all ages, is an ideal addition to existing food aid commodities and local diets.

The ALASKA GLOBAL FOOD AID PROGRAM donated about 200,000 servings of Canned Salmon to Food for the Poor to try in Guatemala. The cans are easy to transport and can be stored for up to six years.

Unlike many other protein rich foods, Canned Salmon does not

### For Technical Assistance:

The ALASKA GLOBAL FOOD AID PROGRAM assists NGOs and PVOs with program design, ration selection, recipe development, storage, handling and preparation of dishes integrating Canned Salmon and other food aid commodities with local ingredients to feed cultural tastes.

**Canned Salmon** is ideal for food aid purposes anywhere in the world. It provides concentrated protein and energy for people of all ages in all types of food aid projects e.g., school feeding, disaster relief, food-for-work and maternal/child health projects.

### Alaska Global Food Aid Program

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